

# Empowerment thru Accessories

## Class Materials

Need To Acquire:

Silk yardage suitable for painting. Available from Rupert Gibbon & Spider. Info is on the last page in Class Notes. Note: One yard = 2 scarves when cut into triangles.

Dye-Na-Flow 2.25 oz fabric dyes in the following colors:

-  Cranberry Red #807
-  Brilliant Red #806
-  Sun Yellow #801
-  Cerulean Blue #815
-  Claret #810
-  Turquoise #813
-  Midnight Blue #816
-  Chartreuse #818
-  Brass #821
-  Brick #825
-  Burnt Umber #827

Dye Na Flow dyes are available in many retail art stores. You can order class kits from Rupert Gibbon & Spider which include all the above colors, pens and the silk. . Kits are available in Small, 3-6 participants or Large, 12-20 participants. Info is on the last page in Class Notes.

## Need To Gather For Class

- \* Laundry cords\*
- \* Anchors for stretching cord, minimum 4 feet of linear working area per person
- \* Medium office binder clips, 6 per person
- \* 1" foam brushes, 3 per person
- \* Small Dixie cups for dyes, minimum 3 each person
- \* Assorted glass jars for water, 2 per person, can use paper cups also
- \* Strong paper plates
- \* Rags
- \* Drop cloths, dyes will stain
- \* Assorted brushes
- \* Disposable plastic gloves, available at drug stores.

\*any cord will work but laundry cord can be wiped off and used again

Directions:

For more detailed directions go to the next page.

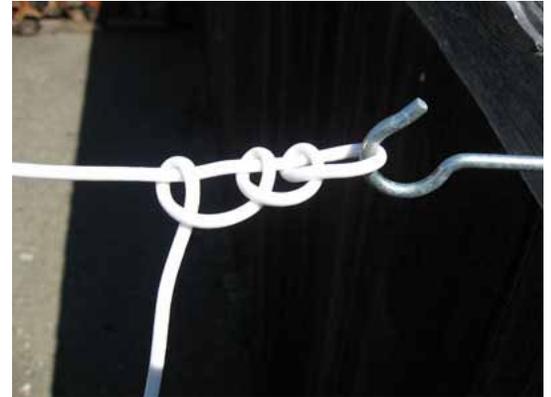
1. Download and Print instructions from website.
2. Cover surfaces with drop cloths, inexpensive plastic ones are available in paint departments.
3. Secure cords at shoulder height with sufficient tension to support scarves as they get wet.
4. Hang scarves from corners and mid sections using office clips as in photograph.
5. Decant 1/2 inches each of 3 colors of Dye-Na-Flow into paper cups using droppers provided.
6. Place cups on sturdy paper plates for a palette.
7. Fill 2 jars with water, one for diluting colors, one for washing brushes.
8. Paint silk, let dry.
9. Instruct participants on heat setting colors with household irons.

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## Detailed Instructions:



1. Cover area with drop cloths.
2. Stretching cord



3. Hanging the scarves for painting:

- \* Clip medium size office clip ONTO cord, (gold clip,) at an angle

- \* Clip medium size office clip OVER the cord, (red clip,) attaching to corner of scarf

- \* Repeat on other side.

4. Have participants choose 3 colors

5. Decant some of each into individual paper cups

6. Fill 2 containers with water.

One to wash brushes in between color choices;  
the other to dilute Dye-Na-Flow colors for a variety of effects



7. Dye-Na-Flow can be diluted with water to create lighter shades.

8. All brushes can be cleaned with water.  
drying scarves

9. Drying can be sped up by using a blow dryer or hanging scarf close to a heat source.

10. To set Dye-Na-Flow colors use household iron on medium heat for at least 3 minutes.  
Finished Scarves

11. Wash fabric in cool water until water runs clear, roll up in old towel then iron to dry. Rinse with hair conditioner if needed for softness.



## CLASS NOTES:

I encourage my class participants to think of someone in need, someone who's life would be enriched by a scarf. This leads to color choices and helps the person get into the creative process. Dye-Na-Flow is very similar to watercolor painting, so some people will dive right in.

For the more hesitant, I begin a scarf myself, letting it develop during the course of the class. I choose not show my "advanced" work at the beginning of a class as I do not want anyone to have a preconceived idea of right or wrong. There are no mistakes in this process. I watch the room and if someone is blocked I spend one on one time with them, talking about what we see in their work and about the person they are painting for. This brings them into the silk, washing away fear, encouraging them to go forward.

I ask people to share the experiences happening in the room with everyone. This will help take your class in its own direction, letting the wonders of creation take the participants on their own journey while enhancing the experience for all.



To order class kits contact Rupert Gibbon & Spider at 1-800-442-0455. Ask for Annette

Have fun, bring in the joy, keep the energy flowing and enjoy the riches of doing something extraordinarily personal for someone in need. Take what you have learned and pass it on such that others may benefit from this program as you have.

*Siobhan*